



Our Lady  
of Peace

HOSPICE & HOME HEALTH CARE

## HOME HEALTH CARE SUPPORTS WOUND CARE

*Our Lady of Peace Education Series*

Surgical wounds, pressure wounds, and wounds caused by lower extremity edema require monitoring and continuous care. On-going skilled nursing care in your home can provide that, while giving you and your family the assurance you need to know that you're getting the best possible results. Patients are often discharged to home health care when they leave the hospital, and for good reason. And research shows that elderly adults recover faster at home than in the hospital, with fewer complications.

### *A comprehensive care plan*

Wound management involves a comprehensive care plan with consideration of all factors contributing to and affecting the wound and the patient. It also requires sanitary supplies and treatment, so it can be challenging for a patient or caregiver to do. Wound care can also feel overwhelming. Surgical wounds require special attention and pressure wounds and wounds caused by lower extremity edema are often difficult to reach and treat. Proper care is critical for all types of wounds, and home health care offers a lot of benefits.

### *Home health care professionals can:*

1. Provide a comprehensive care plan for your wound, and everything contributing to it
2. Manage medication to prevent harmful drug interactions
3. Support good hygiene
4. Monitor your wound for changes and improvements
5. Ease pain and discomfort associated with your wound
6. Dress your wound, efficiently and professionally
7. Help reduce your risk of infection
8. Shorten healing time and improve outcomes
9. Help reduce your chances of scarring
10. Help you avoid going to the hospital

## *Good communication*

Professional communication between a skilled nurse and your primary physician is also a big advantage of home health care. Accurate reporting is essential for care management, and results in fewer hospital visits. A skilled nurse will work with you and your physician to provide optimal care results in your home, giving you a higher quality of life.

Wound care has become one of the fastest growing needs and skills in home-care services, and it's typically covered by Medicare. It's a complex process of on-going assessment and treatment, that is best placed in the hands of home health care professionals.



### *We're here for you.*

We are passionate about community outreach.  
We would love to meet you and discuss how  
Our Lady of Peace can be a resource for you.

**651-789-5030**



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