

Our Lady of Peace Education Series

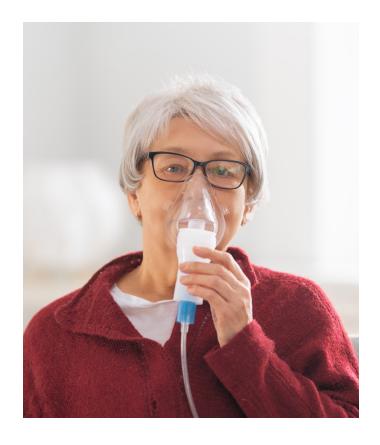
Chronic obstructive pulmonary disease (COPD), chronic asthma, chronic bronchitis, emphysema, and cystic fibrosis are respiratory diseases that require on-going monitoring and treatment. A home care team with skilled nurses can provide the support patients need to ease their stress and feel their best physically and emotionally.

Individuals suffering from COPD have a greater risk of lung cancer and heart disease than those without. However, it's possible to control symptoms and maintain quality of life, with proper medical education and treatment provided by home health care professionals.

## Preventing unnecessary suffering

According to the National Library of Medicine, people with respiratory diseases often experience unnecessary and preventable suffering. On-going care from a skilled home health care nurse can help patients keep ahead of pain and discomfort by monitoring physical symptoms and associated psychological distress.

Home health care nurses are trained to recognize and treat the common symptoms of respiratory diseases, such as labored breathing, cough, sputum production, and respiratory secretion. They can also help alleviate the psychological strain on patients and caregivers that is often caused by poor communication with clinicians.



Here are some additional benefits of home health care for patients living with COPD and other chronic respiratory issues:

- 1. Receive on-going skilled care without leaving your home
- 2. Provide treatments and therapies ordered by your physician
- 3. Manage medications, including handheld nebulizers
- 4. Educate on oxygen use
- 5. Coordinate supporting services
- 6. Recommend changes to diet and nutrition that can help you breathe easier
- 7. Reduce your risk of going to the hospital
- 8. Educate family members on the disease process
- 9. Provide comfort and peace of mind

Preventing and treating flare-ups associated with COPD and other respiratory conditions helps patients remain independent. Our home health care team can work with you and your physician to provide optimal care results in your home, slowing the advance of respiratory disease. It can also help prevent expensive and repetitive inpatient hospital admissions.



## We're here for you.

We are passionate about community outreach
We would love to meet you and discuss how
Our Lady of Peace can be a resource for you.

651-789-5030

