



Our Lady
of Peace

HOSPICE & HOME HEALTH CARE

FIVE REASONS FOR *hospice*

Our Lady of Peace Education Series

When someone you love receives a terminal diagnosis, the world seems to crumble around you, as you prepare for life without them. It's hard to think of anything else, especially planning your next steps.

People often come to Our Lady of Peace residential or community hospice after going back and forth from home to hospital. Unfortunately, hospice is not always presented as an option to patients and families, but it can be what you need to bring peace and calm to a chaotic situation. Our goal is to give you the information you need to determine if it's right for you and your family. Here are some reasons why it may be a good decision:

- 1. Your family is unable to provide care.** It's next to impossible to care for a sick loved one when you're working, raising kids, and keeping your own household up and running. Hospice allows you to let this piece go, so you can be the spouse, daughter, son, grandchild, or friend. It gives you time to say goodbye.
- 2. Hospice is often covered by insurance.** Medicare does not pay for Private Duty In-Home Care, but because of the positive outcomes of hospice care, they continue to fund it, and private insurance companies have duplicated the benefit. Funding hospice has been found to be more cost effective and humane than going in and out of the hospital, and it's available to you within 24-hours.
- 3. Patients receive emotional and spiritual care.** Caring for the whole person is a critical part of hospice, from words of comfort, to music and calming touch.

At Our Lady of Peace, music therapists, chaplains, massage therapists, and loving therapy dogs bring a sense of peace, calm, and moments of joy.

4. Quality of life often improves.

It's common for people to feel they're going home to die. When a patient goes into hospice, they know they will continue to be professionally cared for by hospice nurses who provide care that exceeds what is possible by a family caregiver. Hospice nurses are often called the midwives of the soul, and patients feel safe and comfortable in their care.

5. Hospice focuses on living, not dying.

Living requires meeting basic human needs, and when these needs are being met, it frees up the family to focus on other things. OLP provides opportunities for people to continue to do what they love. One of our patients continued to teach Tai Chi when he was in our residential hospice. We simply brought his class to our conference room. We also took a veteran on a trip to tour the nuclear-powered submarine he repaired in the Navy.



We're here for you.

We are passionate about community outreach.
We would love to meet you and discuss how
Our Lady of Peace can be a resource for you.

651-789-5031